

# Bucks County Senior Games PARTICIPANT EVENT RECORD



Events begin June 1, 2022 and end June 10, 2022

Please see the reverse side for event rules

Name	
Address	
Phone	
Email	

## Events

## Totals

<b>Biking</b> - Total number of miles biked using either a traditional bike or a stationary bike.	
<b>Steps Competition (walking)</b> - Total number of steps, using a pedometer or other form of step count device. You do <i>not</i> need to submit a printout from the device.	
<b>Walk the Parks</b> – Any park in Bucks County qualifies as long as the participant walks 15 minutes or a distance of a ½ mile, whichever is achieved first. Submit total number of parks walked.	

To be considered for a medal, this completed form is due by 4:30pm on June 17, 2022.

**Mail to:** Bucks County Area Agency on Aging  
 Attn: Amanda Mayer  
 55 E. Court St. 3<sup>rd</sup> Floor, Doylestown, PA 18901

**Email to:** [srgames@buckscounty.org](mailto:srgames@buckscounty.org)

## Independent Events Rules

### ❖ Biking

This event is completed independently using either a traditional bike or stationary bike. Medals will be awarded individually for the greatest number of miles biked in each age group.

### ❖ Steps Competition (walking)

This event is completed independently walking at a location(s) of your choice. Steps are counted for walking only during intentional exercise and not during everyday activity. Medals will be awarded individually for the greatest number of steps in each age group. This event can be combined with the Walk the Parks event.

### ❖ Walk the Parks

This event is completed independently. To qualify, participants are required to walk a minimum of 15 minutes or a distance of a ½ mile, whichever is achieved first at *any* park in Bucks County. Medals will be awarded to the top 3 people who walk the greatest number of parks in the county.

Mileage, steps and number of parks walked can be tracked beginning on June 1, 2022 and ending on June 10, 2022. *Using the honor system*, participants should complete the Independent Events Record. All completed event records must be received in the Bucks County Area Agency on Aging office by the end of business day (4:30pm) on June 17, 2022. Independent Event Records received after the 17th will not be considered for a medal. Please mail your form to Bucks County Senior Games, Attn: Amanda Mayer, 55 E. Court Street, 3<sup>rd</sup> Floor, Doylestown, PA 18901 or email to [srgames@buckscounty.org](mailto:srgames@buckscounty.org).